Ayanna Freeman IBT 1st period September 2, 2015 Mrs. Stringer

Assignment Name: Strengths & Weaknesses (FBLA BAA Activity # 15)

Strengths

- I can cook very well, even if it's my first cooking with a specific product
- Depending on the book, I am able to read a book within two weeks
- I have a very calm, collected nature
- I can draw very well, creativity is something I am very passionate about
- I have an "I don't care" attitude. If individuals talk about I really don't care

Weaknesses

- I am a diligent and hard worker, but can be very lazy.
- I'm shy
- I'm mostly a quiet individual
- I get test anxiety sometimes
- I sleep a lot during off days instead enjoying life

I don't know why I just sit around and sleep in the house when I know could be doing something entertaining and enjoying being a teenager while I can. I'm mostly just sleep because I'm bored and feel there is nothing else to do sometimes, so I end of falling asleep. By doing this I know I am missing out on life. To improve this weakness, I need to as soon as wake up move into the living room and sit up on the couch not lay down on it. Since I have a need dog and can take that time to play with her. I will also get up and go different places even if was just going to Walmart.